

# Mental Health and Addiction Programme Overview

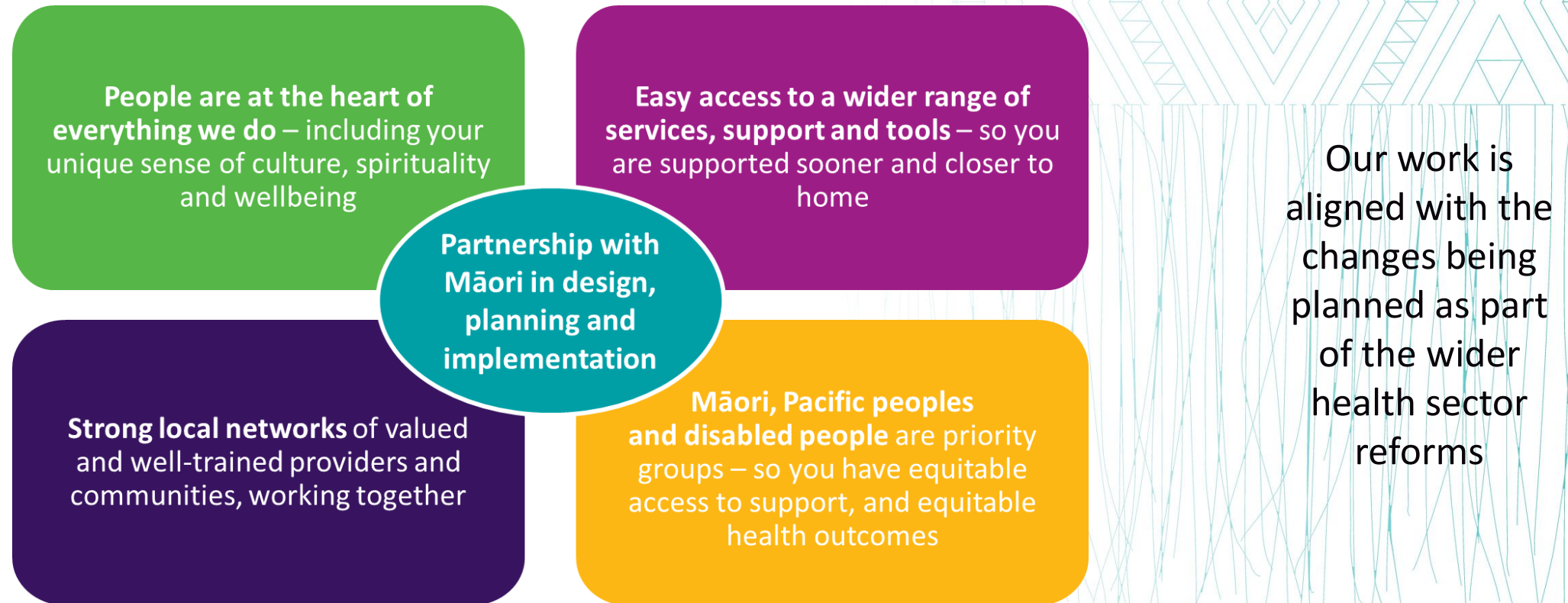
***Te Whatu Ora is working with mana whenua, Māori, community leaders, people with lived experience, and our health and social sector partners, to transform mental health and addiction services.***

***We are working in partnership with Māori, honouring our commitment to Te Tiriti o Waitangi.***

**Our vision:**

**Mental health and wellbeing  
for everyone, in our communities**  
- individuals, whānau and communities supported by  
trusted health services that respect people's unique  
sense of culture, spirituality and wellbeing.

# The Programme is guided by five principles





# Our programme is strategically aligned

Planning for **specialist** services;  
creating **new maternity, women's health and neonatal care** spaces;  
acute care and **hospital flow improvements**; building new  
**infrastructure and capacity.**

Renewed focus on **Mental Health and Addiction Services**

In all our work, we will focus on the needs of Māori, Pacific peoples, the disabled community and other priority groups, to ensure **equity of access and outcomes.**



**Local, equitable and early care** for better health outcomes in the community rather than at hospital.

**Seeking solutions to social factors** that contribute to poor health.

**Technology** and how clinicians communicate across DHBs  
In home diagnostics  
**Workforce** management

# Key reports to guide our work

The Programme builds on extensive work undertaken by Te Whatu Ora and our partners over many years. The Programme, overarching vision, and guiding principles are in alignment with themes from the listed key reports including, equitable access and outcomes, collaborative networks and partnerships, and integrated models of care.

## Key reports:

- *He Ara Oranga*
- *Kia Manawanui Aotearoa*
- *Living Life Well*
- *Pacific Health and Wellbeing Strategic Plan*
- *Sub-Regional Disability Strategy*
- *Taurite Ora*
- *Te Pae Amorangi*
- *Te Rau Matatini Kaupapa Māori Mental Health and Addiction Service: Best Practice Framework*

