

Local Adult Specialist Mental Health & Addiction Service



Our integrated model of care
One system, one service, locally delivered

The model of care is the foundation that guides what we do and how we practice.

We work with local communities and providers to achieve our vision for an integrated mental health and addiction service.

Services for priority populations

Kaupapa Māori services

Hospital & emergency services

Other speciality MH&A services

Primary care

NGOs

Local community networks

Peer support/ lived experience

Our service delivers locally-appropriate functions that respond to the needs of our families, whānau and communities.

The service seeks to eliminate inequities experienced by Māori, Pacific peoples, disabled people, and other groups.

Our clinical functions, streams and supporting pathways apply the following principles in delivering best practice care for tāngata whaiora and whānau who need intensive support with mental health and/or addiction.



PRINCIPLE 1

Grounded in Te Tiriti ō Waitangi - Whakapapa ki Te Tiriti ō Waitangi



PRINCIPLE 2

Informed by peers and those with lived experience - Ka whakamōhio e nga hoa me te hunga whai wheako ora



PRINCIPLE 3

A welcoming, person- and whānau-led approach - He huarahi manaaki, tāngata me te whānau



PRINCIPLE 4

Timely access to services in the community - Te whai waahi ki nga ratonga i roto i te hapori



PRINCIPLE 5

A strengths-based, trauma-informed and recovery focused approach, using evidence-based and holistic interventions, inclusive of mātauranga Māori - Mā te mōhio ka whai whakaaro